

SpringWorks   
**CareConnections<sup>®</sup>**  
***Newsletter***

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*Welcome* to the newest edition of the  
**OGSIVEO<sup>®</sup> (nirogacestat) Newsletter!**

We hope you will enjoy the winter-themed content  
and find the resources helpful.



# SpringWorks CareConnections® *Featured Resource*

This edition's featured resource is the **How Insurance Changes May Impact You** brochure. This guide may help patients and caregivers who are navigating insurance changes. Learn more by visiting [www.springworkstxcares.com/ogsiveo/patient/resources/](http://www.springworkstxcares.com/ogsiveo/patient/resources/).

## Inside this resource you will find information on:



### Suggestions to Help You Stay on Track if Your Insurance Changes

Provides tips for navigating through insurance Open Enrollment or changes to your insurance plan



### Sample Questions to Ask Your Health Plan

Features examples of coverage and cost questions to consider as you evaluate different health plans or changes to your health plan



### Support From SpringWorks CareConnections

Includes information on SpringWorks CareConnections, including programs that may be available to help if you experience changes, interruptions, or gaps in your insurance coverage for OGSIVEO® (nirogacestat)



# End-of-Year *Planning*

The close of the year is a great time to pause, reflect, and plan. Taking a few moments now may help you prepare for the year ahead.



Actor portrayal



## Open Enrollment: A Friendly Reminder

Even though Open Enrollment dates vary, **during this period you have the chance to:**

- Revisit your current plan benefits
- Become aware of changes in premiums, deductibles, or provider networks
- Consider how changes in your life, like a new job, marriage, or diagnosis, may affect your coverage needs



## If your insurance changes, make sure to promptly:

- 1 **Verify** your coverage
- 2 **Check** when prior authorizations need to be renewed or are required
- 3 **Provide** new insurance information to your pharmacy and healthcare provider

If you are uninsured, underinsured, or lack coverage for OGSIVEO® (nirogacestat), and are experiencing financial hardship, the **Patient Assistance Program (PAP)** may help you obtain OGSIVEO at no cost.\*

To learn more about programs and support you may be eligible to receive through SpringWorks CareConnections, visit [www.springworkstxcares.com](http://www.springworkstxcares.com) or call us at **844-CARES-55 (844-227-3755)** from **Monday - Friday 8 AM to 10 PM ET**.

\*Terms and conditions apply. PAP eligibility criteria and annual household income limits apply. Full terms and conditions provided during enrollment process and are available upon request by contacting SpringWorks CareConnections at 844-CARES-55 (844-227-3755).



# Your *Nurse Advocate* Is Here to Support You

Nurse Advocates are your dedicated single point of contact at **SpringWorks CareConnections®**.



## Our team of **Nurse Advocates** are available to:



Provide you with **information** about your condition



Help you **understand treatment** with OGSIVEO® (nirogacestat)



**Answer questions** you may have about the support offered through SpringWorks CareConnections



Help you or your loved one **stay on track** with taking your medication as prescribed



**Help plan** conversations with your care team



## Insurance Tips From the **SpringWorks CareConnections Team**

This month we asked our SpringWorks CareConnections Team to share a few tips that may help if you receive a coverage denial from your health insurance company:

1

### Ask your doctor's office for help.

Many offices have staff who specialize in working with insurance companies. They can help submit paperwork, follow up on claims, and even appeal decisions on your behalf.

2

### Don't give up after an initial denial.

An initial "no" doesn't always mean the end of the road. Insurance Appeals or requests for reconsiderations are common, and your care team can often provide additional information to support an appeal.

3

### Keep records of your past treatments and services.

Having detailed notes, copies of test results, and past approvals or denials may make a difference when insurance companies ask for more information.

4

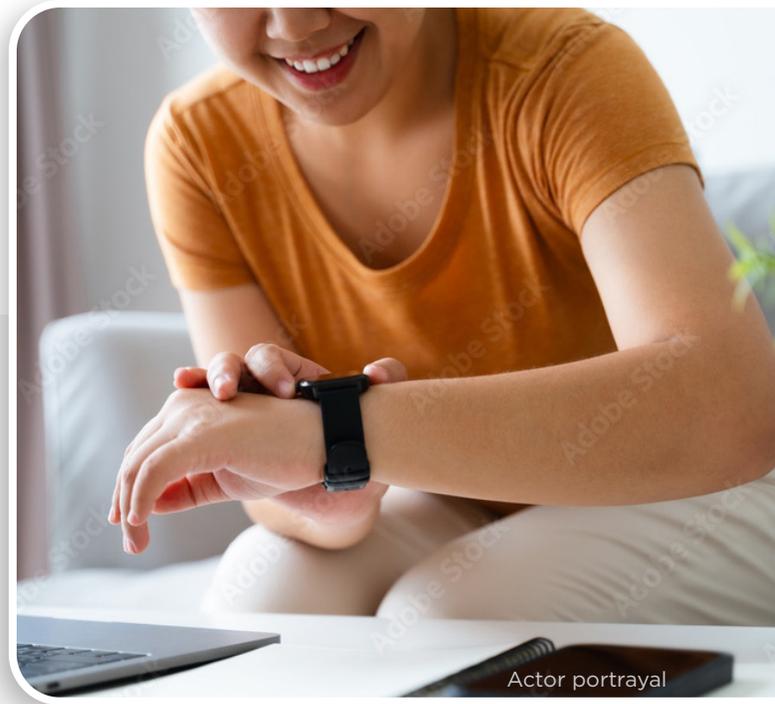
### See if you qualify for patient support programs.

Sometimes, manufacturer patient support programs can provide support if coverage is denied or delayed. Be sure to ask about programs like the SpringWorks CareConnections Bridge Program or Patient Assistance Program to see if you qualify.



# Tips for Remembering to Take Your *Medicine*

We know staying consistent with medication may not always be easy, especially when life gets busy around the holidays. We asked our Nurse Advocates to share tips to help you stay on track:



Actor portrayal



**Set a daily alarm or calendar reminder** on your phone. Try using the snooze option instead of dismissing it, so the alert continues until you've taken your dose.



**Pair your dose with a daily habit**, like brushing your teeth or making your morning coffee so it becomes part of your routine.



**Ask a smart home assistant** to remind you about taking your dose every day at the same times.



**Download a medication reminder app**, which can track your doses and send friendly nudges.



**Ask a spouse or family member to remind you** about taking your doses each day.

# Winter Self-Care Checklist

Winter can be magical, but it can also be demanding on our bodies and routines. These small but powerful habits may help you feel your best:



**Wash your hands often,** as it is one of the easiest ways to stay healthy.



**Move your body.** Bundle up for a walk, stretch indoors, or dance to your favorite holiday playlist.



**Stick to your healthy routine.** Whether that's exercising, cooking nourishing meals, or getting good sleep, small steps can go a long way.



**Keep your spaces clean.** Wipe down frequently touched surfaces to help keep germs at bay.



**Drink water.** Hydration is important during every season!

# Let's get *Cooking*

## COZY BROWN BUTTER CHOCOLATE CHIP COOKIES

Nothing is quite as satisfying as a homemade, baked treat when the calendar turns to the colder months. When you open the oven to check the progress of your brown butter chocolate chip cookies, the irresistible sweet smell will fill your home and summon your loved ones to the kitchen to enjoy this special snack. These cookies will warm your heart on those blissful winter afternoons and will help create memories that will never fade.



### Ingredients – Makes 30 cookies

- 2 sticks of unsalted butter
- 1 cup of white sugar
- 1 cup of brown sugar
- 1 tablespoon of vanilla
- 2 eggs
- 1 teaspoon of baking soda
- 1 teaspoon of baking powder
- 2  $\frac{3}{4}$  cups of flour (335 g)
- $\frac{3}{4}$  teaspoon of salt
- 1  $\frac{1}{2}$  cups of chocolate chips



### Directions

- 1 Cut the sticks of butter into small pieces to help with even melting. Place the pieces of butter into a wide pan or skillet over medium heat, swirling the pan as the butter melts. Be sure to scrape the bottom of the pan with a spatula to make sure the butter doesn't burn. You'll know your butter is browned when you see the color turn golden and you begin to smell a nutty aroma. Once your butter is browned, turn off the heat and transfer your melted, browned butter to a cool measuring cup. Let the butter cool for another 5-10 minutes
- 2 Add the butter, brown sugar, white sugar, and vanilla into a mixing bowl. Using a hand-mixer (or stand mixer if you have one), beat the mixture on a medium-high speed for 2-3 minutes
- 3 Add the 2 eggs to the mixture and then beat for another 1-2 minutes at medium-high speed until your batter is both shiny and smooth
- 4 Add the flour, baking soda, baking powder, and salt. Mix until combined into a denser dough that is still shiny. Let the dough cool for another 15-20 minutes
- 5 After the dough has cooled, mix in your favorite chocolate chips or chocolate chunks by hand and let the dough rest for another 20-30 minutes
- 6 Preheat the oven to 350 degrees
- 7 Roll or scoop your cookie dough (using a #20 scoop) into small balls that are about 3 tablespoons and place them onto a baking sheet that you have lined with parchment paper
- 8 Bake for 9 minutes until the edges look cooked, but the middle is still slightly soft
- 9 Remove your cookies from the oven and let them rest for 15-20 minutes. This will help balance your cookies' crispy edges with a perfectly soft center
- 10 **ENJOY!**

### Customize It!

Embrace the palette of your family holidays by using colored chocolate chips or chocolate chunks!



When you're letting the dough cool or rest, get into the holiday spirit by listening to music or watching your favorite winter movie!

# Winter Word Builder Game

## HOW TO PLAY

- Make as many words as you can using the available letters
- Words must be at least 4 letters long
- Letters can be used more than once

## BONUS! Can you find an 8-letter word?

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O F D I A

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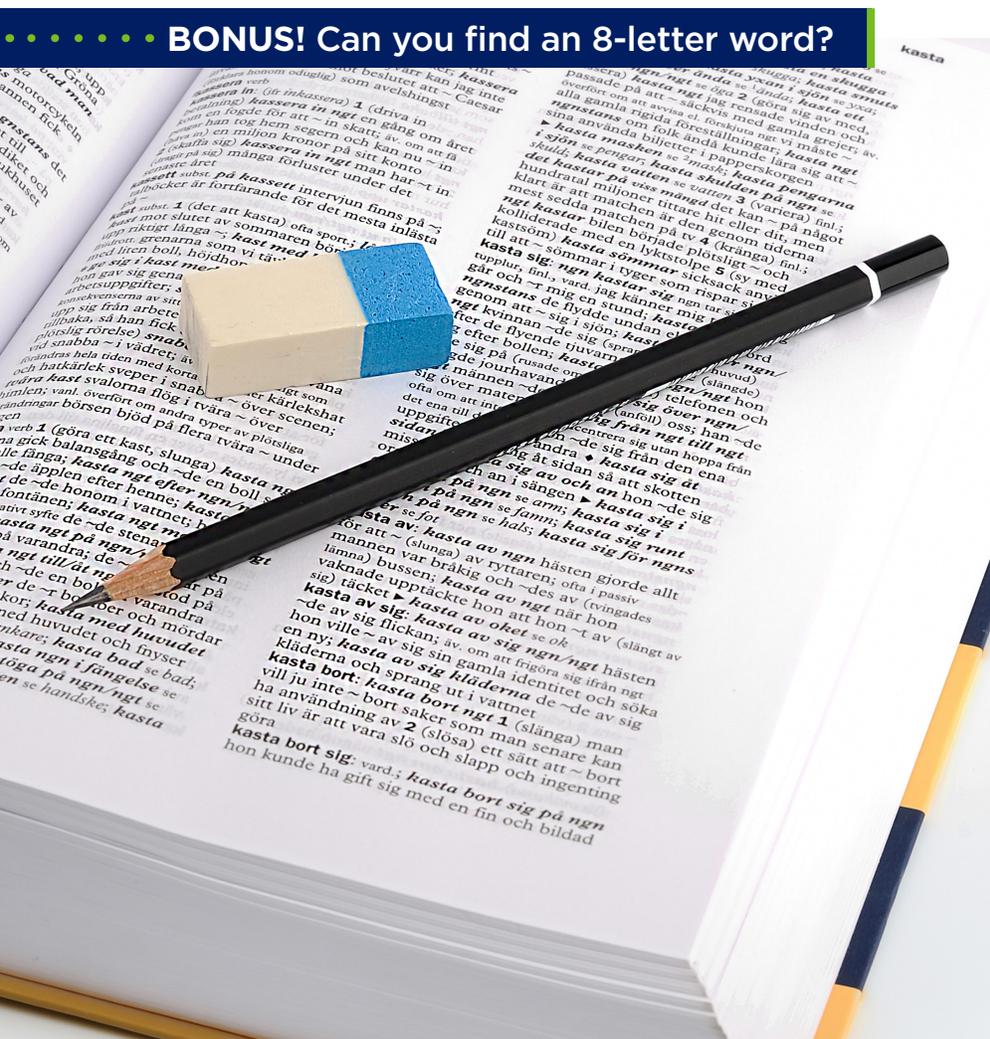
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Please note: this is not an exhaustive list of possible words.  
Snow Cone Nose Woollens Fawn  
Sled Cold Onesie Lens Fawn

ANSWER KEY

